



Walk to Emmaus
THE UPPER ROOM

L.O.V.Emmaus Community

Limestone-Ohio Valley Emmaus Community

Winter Issue

L.O.V.E. COMMUNITY NEWS

January

2005 is YOUR Time to Get Involved!

The 2005 LOVE Community Board appointments have been announced and can be found on the back page of each monthly newsletter.

Have you wondered how you might become involved in the LOVE Community? Below is a list of the Board Positions and their responsibilities. If you are interested in lending your talents or assistance to any of these committees, please contact the chairperson listed. We also invite you to fill out the form listed on the website "Get Involved" page at <http://www.lovemmaus.org/GetInvolved.htm>. Here you can find many other opportunities for involvement and ways to share your gifts with the community.

Spiritual Director – Provide spiritual leadership and guidance for the community, helping lead gatherings and identifying and inviting clergy to participate in Emmaus weekends.

Community Lay Director – Serves as overall leader of the Emmaus community and board, ensuring the Emmaus ministry remains strong and is carried out to the glory of God. Also plans and leads the monthly gatherings and board meetings.

Assistant Community Lay Director – In the absence of the Community Lay Director, plans and leads monthly gathering and board meetings. Also chairs a committee on the board.

Secretary – Keeps minutes of all board discussions. Maintains records of bylaws, and ongoing community records.

Treasurer – Manages all finances of the community.

Team Selection Committee – Leads selection of teams for walks.

Walk Facility Setup/Cleanup – Responsible for seeing that camp is cleaned and prepared for all walks. After walks, sees that all Emmaus items are properly stored and camp restored to original condition.

Communication – Prepares, edits, produces and distributes the LOVE Community newsletter which is published monthly. Oversees LOVE Community website.

Agape – Requests and collects agape letters

from other communities to be presented to the pilgrims during a weekend. Also fulfills requests from other communities for agape letters from the L.O.V.E. Community. Also ensures for adequate table and bedtime agape on each weekend.

Gathering/Worship – Responsible for planning, and often leads, worship at gatherings. Requests Fourth Day speakers for gatherings.

Music – Responsible for music at gatherings, candlelight and sponsors hour. Works to develop music leaders for walk weekends.

Kitchen – Responsible for overseeing kitchen functions during walk weekends. Advises Weekend Kitchen Coordinator during walk. Helps train kitchen volunteer staff regarding interaction with pilgrims and team.

Registrar – Handles all elements of inviting and registering pilgrims for each walk.

Logistics – Helps manage logistical issues related to Emmaus weekends, often working directly with Logistic members on each Emmaus team. Handles purchase, inventory and distribution of supplies for all Emmaus walks.

Social – Helps coordinate fellowship time after gatherings to ensure all hospitality needs are met.

Volunteer Coordinator – When need arises, provides role for organizing volunteers to complete assigned tasks. Key position for including members of the community in activities.

Good Shepherd/Share Groups – Helps new pilgrims and other Emmaus members find a share group.

Chrysalis Representative – Helps to meet needs and provide support for Chrysalis community.

Ruggles Liaison – Attends Ruggles Board meetings as representative of Emmaus Community to foster good communication and relationship with Ruggles camp.

L.E.A.D (Learn, Educate and Do) – Guides the community in keeping the covenant with the Upper Room.

Sponsorship – Provides guidance and education to potential sponsors.

While they were talking and discussing, Jesus himself came near and walked with them.

Luke 24:15

Upcoming Events:

- Gathering January 25
- Gathering February 22

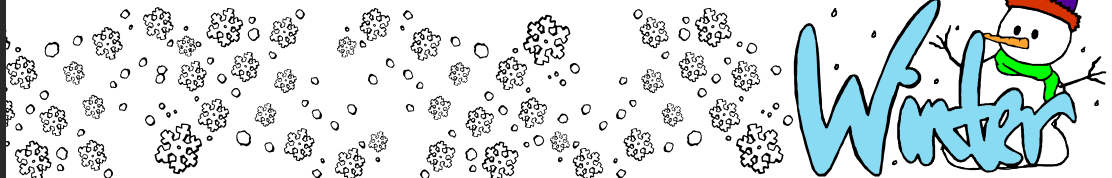
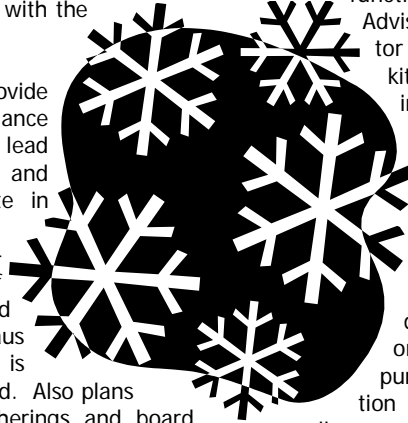
Next Community Gatherings at 7:00 p.m. The Maysville Church of the Nazarene 156 Maple Leaf Rd.

If possible, bring a snack to share.

Board of Directors
1/25/05 at 5:45 pm
2/22/05 at 5:45 pm

Inside this issue:

The Board of Directors—Purpose?	2
The Secret	2
From the Community Lay Director	2
Our Security in Jesus	3
From the Spiritual Director	3
From the Registrar	3
That's GOD!	3



The Board of Directors - What is their purpose?

Our local Emmaus board has several duties and responsibilities. First, the board signs a covenant with the Upper Room to use their model for carrying out the weekend Walk to Emmaus. A walk weekend does not just happen. The Upper Room has a well-defined, specific, step-by-step process which provides the on-going assurance of uniformity for the weekend. Basically, if you go on the Walk to Emmaus in Tollesboro, KY or in Sidney, Australia, the weekend format and experience would be consistent.

Secondly, the Board of Directors is responsible for providing for the local Emmaus community – organizing gatherings, providing information about share groups, and offering support in many other ways.

There are many opportunities for the community to participate in the committee system of the board. Agape, facilities set-up/clean-up, kitchen, registrar – the list is endless. It takes 150+ people serving many more hours to put on a walk weekend. The ongoing function of the board takes that many also. Please read the descriptions of the various board positions. If you would like to serve on a committee, please contact the committee chairperson, or me.

The purpose of the Walk to Emmaus is “to inspire, challenge, and quip local church members for Christian action in their homes, churches, and places of work. Emmaus lifts up a way for our grace-filled lives to be lived and shared with others.” We are called to serve Christ. How will you serve Christ in the L.O.V.E. Community?

De Colores,

Stacy Downing—Community Lay Director

LOVE



LOVE



THE SECRET

One day, one friend asked another, "How is it that you are always so happy? You have so much energy, and you never seem to get down."

With her eyes smiling, she said, "I know the Secret!" "What secret is that?" I asked. To which she replied,

"I'll tell you all about it, but you have to promise to share the Secret with others."

"The Secret is this: I have learned there is little I can do in my life that will make me truly happy. I must depend on God to make me happy and to meet my needs. When a need arises in my life, I have to trust God to supply according to HIS riches. I have learned most of the time I don't need half of what I think I do. He has never let me down. Since I learned that 'Secret', I am happy."

The questioner's first thought was, "That's too simple!" But upon reflecting over her own life she recalled how she thought a bigger house would make her happy, but it didn't! She thought a better paying job would make her happy, but it hadn't. When did she realize her greatest happiness?

Sitting on the floor with her grandchildren, playing games, eating pizza or reading a story, a simple gift from God. Now you know it too! We can't depend on people to make us happy. Only GOD in His infinite wisdom can do that.

Trust HIM! And now I pass the Secret on to you! So once you get it, what will you do? **YOU have to tell someone the Secret, too!** That GOD in His wisdom will take care of YOU! But it's not really a secret...we just have to believe it and do it...really trust God...and **Just Pass It On!**

(Thank you to George Smith for sharing this article!)

Dear L.O.V.E. Community,

You have made my days a mere handbreadth; the span of my years is as nothing before you. Each man's life is but a breath." Psalm 39:5

Can the year 2004 really be over? Where did it go? It seems like we were just making plans for the LOVE Community for 2004, and it is now behind us. The Bible accurately describes our life as a "vapor." This journey through life really is a brief one, and all the more reason why we must stay focused and not become distracted from fulfilling our God-given purpose - to serve and glorify Him with our lives.

My prayer for you during this upcoming year is that you treat each day like the precious gift from God that it is, and get the most out of every 24 hours. How do you do that? First, through your daily relationship with Christ. When this brief life here is over, we will spend our eternity with Him. So **MAKE** the time each day to talk with the Lord and to read the Bible.

Second, let your "light" shine in your daily life. Never forget that how you live your life, day in and day out, is the most powerful witness to others that you will ever have. Every day you will have opportunities to share the love of Jesus with people that you meet, even if it just in a kind word or a patient ear.

Lastly, ask God each morning to show you ways that you can serve Him during that day. God will honor that request and use you to be a blessing to others. The greatest satisfaction that we can have at the end of a long day is to know that we are in an intimate relationship with the Lord, and that He used us that day to share His love with someone else.

De Colores,

Stacy Downing—LOVE Community Lay Director

Our Security in Jesus

May our Lord Jesus Christ himself and God our Father encourage you and strengthen you in every good thing you do and say. God loved us, and through his grace he gave us a good hope and encouragement that continues forever.

2 Thess. 2:16-17

You and I are on a great climb. The wall is high, and the stakes are higher. You took your first step the day you confessed Christ as the Son of God. He gave you his harness—the Holy Spirit. In your hands he placed a rope—his Word.

Your first steps were confident and strong, but with the journey came weariness, and with the height came fear. You lost your footing. You lost your focus. You lost your grip, and you fell. For a moment, which seemed like forever, you tumbled wildly. Our of control. Out of self-

control. Disoriented. Dislodged. Falling.

But then the rope tightened, and the tumble ceased. You hung in the harness and found it to be strong. You grasped the rope and found it to be true. And though you can't see your guide, you know him. You know he is strong. You know he is able to keep you from falling.

*Taken from A Gentle Thunder
by Max Lucado*

We have the privilege of grasping that rope, hanging on, and giving that same encouragement to our brothers and sisters in Christ. Join a share group, begin a share group, unite a faltering share group. God is counting on you!

*Remember the colors—DeColores
Colette McGinnis
The Good Shepherd
GoodShepherd@lovemmaus.org*

A note from the registrar:

Happy New Year Community! Please remember we have walks coming in the Spring. If you know of anyone interested, please make sure to send in the application & \$15 deposit.

Dates & forms can be found on the website. If you can not get to the website or have additional questions, please contact me. Also, this year I will be sending out a letter to those sponsors that have pilgrims on the waiting list. It will be the responsibility of the sponsor to contact their pilgrim and let me know if they will be attend a future walk.

I think this is going to be a great year for our community and look forward to working with you soon.

*DeColores,
Cyndi Frodge—Registrar*

From the Spiritual Director . . .

Hello beautiful Emmaus people!

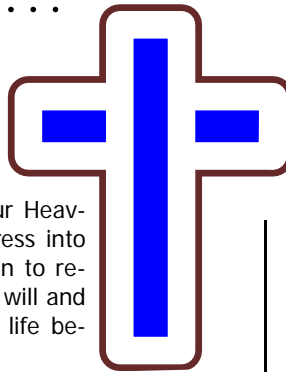
Could I ask a question? Have you ever participated in an Emmaus Walk 24 hour prayer vigil? May I ask another question? Are you continuing to pray for the spiritual growth and health of our community?

I think we all know the purpose of prayer is not to get something from God, but to become like Jesus. Our Heavenly Father would have us to remember that as we press into the heart of the Father by prayer, not only do we begin to reflect His character, but our action to pray enables God's will and power to invade and influence, protect and bring new life beyond ourselves.

In any community of faith it can be quite easy to disconnect and drift to the periphery of things for many reasons. I want to encourage all of you to stand in prayer for our Emmaus community the same way you would your family or church. The scriptural idea of standing involves three attributes of heart: honor, faith, and perseverance. Scripture says, "Satan is like a roaring lion seeking whom he may devour," but as soldiers of God's army we know we fight an on-going spiritual battle in which we have already been proclaimed victors! We know prayer is failure-proof because it is God who makes it work! God does not expect us to perform in prayer only participate. Although we may not feel righteous (James 5.16) and worthy to approach God in prayer, we must remember our prayers are effective because they are based on Jesus' track record and not ours.

What is the most needful thing in any community of faith? To identify ourselves daily amongst those sinners Jesus died to save, confess our sin, desire sorrow and tears for them, and then stand in faith through prayer for our community of faith.

*DeColores,
Michael Canada
Community Spiritual Director*



THAT'S GOD!

Have you ever been just sitting there and all of a sudden you feel like doing something nice for someone you care for? THAT'S GOD! He speaks to you through the Holy Spirit

Have you ever been down and out and nobody seems to be around for you to Talk to? THAT'S GOD! He wants you to speak to Him.

Have you ever been thinking about somebody that you haven't seen in a long time and then next thing you know you see them or receive a phone call from them? THAT'S GOD! There's no such thing as coincidence.

Have you ever received something wonderful that you didn't even ask for, like money in the mail, a debt that had mysteriously been cleared, or a coupon to a department store where you had just seen something you wanted, but couldn't afford. THAT'S GOD. He knows the desires of your heart.

Have you ever been in a situation and you had no clue how it is going to get better, but now you look back on it? THAT'S GOD! He passes us through tribulation to see a brighter day.

Please pass this along and share the Power of God. In all that we do, we need to totally give HIM Thanks and our blessings will continue to multiply. NOW THAT'S GOD!!!!!!!

Don't tell GOD how Big your storm is. Tell the storm how Big your GOD is!

(Thanks to George Smith for sharing this piece!)



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Upcoming Walk Dates Announced!

Walk #10

Men: May 5-8, 2005

Women: June 2-5, 2005

Walk #11

Men: September 8-11, 2005

Women: October 6-9, 2005

www.lovemmaus.org

L.O.V.E. Community Board of Directors

Community Lay Director	Stacy Downing
Assistant Community Lay Director	Roger Cheesbro
Secretary	Judy Day
Treasurer	Kay Moran
Community Spiritual Director	Mike Canada
Kitchen	Pat Welti
Communications	Rebecca Smith
Music	Sharon Snider
Good Shepherd	Colette McGinnis
Agape	Julia Warner
Chrysalis Representative	Debbie Shoemaker
Registrar	Cyndi Frodge
Sponsorship	George Smith
Volunteer Coordinators	Donnie and Walene Bennett
Facilities Set up/Clean up	Stella Hull
Worship	Tim Naylor
Logistics Coordinators	Tom and Shirley Joshe
Social Coordinators	Jim and Wanda Bowman
L.E.A.D.	Georgjean Shelton
Ruggles Liaison	Stella Hull



L.O.V.E. COMMUNITY
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