



Walk to  
**Emmaus**  
THE UPPER ROOM

# L.O.V.Emmaus Community

Limestone-Ohio Valley Emmaus Community

Summer Issue

L.O.V.E. COMMUNITY NEWS

July

*While they were talking and discussing, Jesus himself came near and walked with them.*  
Luke 24:15

**Upcoming Events:**

- July 22: Gathering
- Aug 26: Gathering/Picnic at Camp Ruggles

**IMPORTANT NOTE:**

All Community Gatherings are held at 7:00 p.m. at Washington United Methodist Church

*If possible, please bring a snack to share!*

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Congratulations & Best Wishes to Jim and Ruth Finch who were married June 20<sup>th</sup> at Ruggles!



**FROM THE OLD REVEREND:**

Another great walk to Emmaus has just been completed at the old campground in Lewis County, Kentucky. A wonderful group of ladies walking with Jesus while helping one another draw closer to heaven – making disciples, teaching one another the things Jesus taught when He walked among us, experiencing His presence. Remember Enoch? He walked with the Lord and then one day he wasn't - God took him away so that he didn't have to die. The Bible tells us that he pleased God because he believed that God existed and that He would reward those who earnestly sought Him. Wouldn't it be great to cheat your favorite funeral director? Bob Palmer is my friend but I'd love to do a "one-upper" on him and dodge him and the cemetery.

How does your life indicate that you are earnestly seeking God? Maybe by doing what Jesus did - hunting for friends and making disciples. Recently I read how not to hunt in David Wiggs' story, 'Who Needs a Welcome'. He writes:

*"I saw him in the church building for the first time on Wednesday. He was in his mid-70's with thinning silver hair and a neat brown suit. Many times in the past I had invited him to come. Several other Christian friends had talked to him about the Lord and had tried to share the Good News with him.*

*He was well respected, honest, a man of good character. He acted much like a Christian would act, but he never came to church or professed Christ. After I got to know him well and we had talked about a wide range of subjects I asked him if he had ever been to a church service.*

*He hesitated. Then with a twisted grimace told me of an experience he had as a boy. He was raised in a large family. His parents survived the depression but they struggled to provide food and clothing for the family. When he was around ten years old a friend invited him to go to church with his family.*

*He went - the Sunday school class was great. The songs were fun to sing and the stories, oh the great Bible stories, were exciting to hear. He had never heard anyone read from the Bible before. As class ended the teacher pulled him aside and said, 'Son, please don't come again dressed as you are now. We want to look our best when we come into God's house.'*

*He looked down at his old hand-me-down overalls that were certainly worn and tattered. He thought about that for a moment and said softly, 'No, Ma'am, I won't ever.' Then he looked at me and said, 'And you know what . . . I never did.' It was clear that he was done with that conversation.*

*The author reflected, "I am sure that the Sunday school teacher meant well and in fact was representing the feeling of the majority of the folks in that church. But what if, what if she had put her arms around the dirty little boy in the ragged overalls and said, 'Son, I am thrilled that you came this morning and I hope you will come every chance you get to hear more about Jesus because he loves you so much.' Moreover what if she would have talked with her pastor or her friends in the church and mobilized a full blown outreach effort to help this family make ends meet.*

*What if that church would have thought, 'Whoever welcomes you welcomes Me, and whoever welcomes Me welcomes the One who sent Me. Or whoever gives even a cup of cold water to one of these little ones in the name of a disciple will receive a great reward' (Mt. 10:40-42).*

*Yes, I saw him in the church house for the first time on Wednesday and I cried as I looked at the immaculately dressed old gentleman lying there in his casket. He was looking his best. But all I could think of were those words of an impressionable little ten-year-old boy echoing in my mind, 'No, Ma'am, I won't ever.' "*

Everyone needs a welcome! Just as they are. Let's go hunting!

DeColores!  
Jim Finch—LOVE Community Spiritual Director

**YOU'RE INVITED!**



**Join us at Camp Ruggles in August for a Family Outdoor Gathering and Cook-Out!**

- Date: Tuesday—August 26, 2008  
Time: 5:45 pm—Gather & Fellowship  
6:00 pm—EAT!  
7:00 pm—Worship Service (Tabernacle)

- Meats, buns, and drinks will be provided.
- Please bring your favorite potluck dish or dessert - and a recipe on a note card to





Hello, Community!  
Again, a huge thank you for all the help in the kitchen during Women's Walk #16. Before we know it time will have arrived to begin plans for the Men's Walk in September and the Women's Walk in October.

It's been said that most people will help out if they're personally asked. Well, our community is getting rather large (which is wonderful) but it makes it impossible to get around to each individual, so consider this your personal invitation: Can you help out in the kitchen during either or both of the next two walks? I will have a sign-up sheet in the library section at the back of the Washington UM Church during the gathering – when we go down to the fellowship hall I will move them downstairs. You can also email me at [kitchen@lovemmaus.org](mailto:kitchen@lovemmaus.org).

Besides cooking, there are veggies to cut up and other prep work to do, dishes to wash, serving, ice to put in glasses – we have a spot for you! Oh, and laughter, did I mention laughter and fellowship – you'll find plenty of that as well. Please take an opportunity to work with us in the kitchen.

**COOKBOOK UPDATE:** We are postponing getting it together until the first of the year; however, we still need recipes! You can't believe how many people have complimented the excellent food brought to the Thursday evening send-off. Ladies (and gents), those recipes are what we need for the cookbook. Actually, it would be great if you brought the recipe for any dish you bring to the gatherings, our picnic planned for August, and the Thursday evening sends-offs for the rest of the year. Bring your covered dish and a recipe - now isn't that easy!

Have a great summer, God's blessing on you and yours. Looking forward to working with you in the fall.

*DeColores, Kay Grooms—Kitchen Coordinator*

## AGAPE NOTES

Hello Everyone! First off I want to give a BIG praise for the wonderful Agape you provided on the two Spring Walks. One share group already has something made for the Fall Women's Walk because of the abundance of this Agape. I know the Pilgrims and team felt the almighty love of our God.

Now on to the next step: we need the same generous response for the two Fall walks. The Men's Walk is September 4 - 7 and the Women's is October 2 - 5. Let's show God's goodness on these Walks also.

Just to refresh your memory (if it is like mine J) - If you want to share Agape with team and Pilgrims you will need to have 60 pieces of the same item. If you only want to share with the Pilgrims, then you need 30 pieces. You may put the name of your Share Group or church, but no individual names. You may use a scripture verse, poem, or whatever you think is appropriate and attach it to each piece - this is just suggestion, not required.

Now after you have your "goodies" finished or purchased, put them in a sack, box, or plastic bag and write on the outside how many pieces it contains. And a J would be nice too.

If you need any suggestions, let me know and I'll be glad to help you. You may send it to [agape@lovemmaus.org](mailto:agape@lovemmaus.org). Show your love and support for these walks.

*DeColores,  
Bren Frodge, Agape Coordinator*

## Calling All Singers & "Play-ers"!

For the August Gathering at Ruggles Campground, we're again planning to have a praise band and choir to lead the worship service. This is your opportunity to share your talents with the Community. So take two minutes right now to reply to Phil Brown at [jogger2doc@windstream.net](mailto:jogger2doc@windstream.net) and let him know you're willing. Then take a couple more minutes to rosin up that bow or oil those rusty pipes or whatever you need to do to practice a bit beforehand. You might get a little nervous but I guarantee you won't be sorry you said "YES"!!

We had a great time last year in praise and worship—let's make it even better this year!

*Phil Brown  
Music Coordinator*

## OPPORTUNITY UPDATES

Dear Community, Tim and I want to thank everyone who cleaned, prayed, cooked, or did anything else to make the Women's Walk so wonderful. It takes a lot of loving hearts to make these walks go so smoothly. Best of all, it is done for God's glory, not ours, which makes it all the more special. We know you will have missed the passing of the prayer vigil board (you know, the one where it feels like you are lifting weights) at the June gathering. So, we encourage you to gear up so that we can fill the pews at the August gathering, and in turn, fill up the prayer times on the first pass. Wouldn't that be great!

Don't forget to work on a volunteer team list. We only have 3 teams so far, and we need more in order to more effectively share in the walk preparations. There should be 4-5 people on each team, if possible. Again, thanks for your generous service.

*De Colores!  
Tim and Sally Teegarden, Volunteer Chairpersons*

## FROM OUR LAY DIRECTOR

Dear Community,

As I write this little article I can't help but think of the last Emmaus walk. God was surely there. He has blessed us with several since our Community was started and we've been given a responsibility for the blessings we've received from them. We, as seasoned members, need to teach the new members the way to go so they can be leaders as well.

We don't always like the rules but we have to have them - if not, everything is a mess. The Upper Room guidelines are good ones and we are expected to follow them. The sponsor of a pilgrim should know the guidelines so they are doing the job God gave them as sponsors.

The Emmaus weekend is a cloistered weekend - it is a time apart from the world. For three days, participants break from their usual routine in order to experience living in Christian community and to be immersed in a New Testament perspective on life.

It is the sponsor's responsibility to see to the needs of their Pilgrim's spouse and children while the Pilgrim is gone. That may include helping to arrange for childcare as children under the age of Chrysalis should not be brought to the weekend special events. This takes away from the cloistered experience, not only for that one Pilgrim, but for *all the others in attendance* as well.

I pray that this doesn't cause hurt feelings - it isn't intended to. God wants us to do the best we can for Him, our family and our church and we want to provide the best experience for each Pilgrim He entrusts to us.

*God Bless,  
Georgjean Shelton, Community Lay Director*

## News from Women's Walk #16

Hello Community! I just wanted to let you know how awesome the Women's Walk # 16 turned out. I shared with you in the last newsletter how quickly the team bonded at the meetings. When it came time for the Walk I stood back and watched as God performed His magic. It made me think of baking bread...each one of us an ingredient, blended so well together and as we warmed in sharing His love with the Pilgrims, a wonderful aroma lifted to the heavens and God was pleased.

We had 16 ladies who attended and their excitement was contagious. They came seeking whatever God had to offer them during the weekend and were very open to the leading of the Holy Spirit. I can't remember seeing anyone have so much fun while being "pruned" by God! We now have 16 new members in our LOVE Community and I can hardly wait to see how God is going to use them because they are ready and willing

Every time I have been on a team, I have always been blessed and came away a better person. As Lay Director I came away with a very valuable lesson. From the moment that you found out that I was to lead the June Walk, you began to encourage me. Throughout the preparation, team meetings and the Walk, I was showered with cards, phone calls, hugs and encouraging words. Just like when the Israelites were in battle with the Amalekites and if Moses raised his hands they were winning, but when he put them down Amalek prevailed. When Moses' arms grew tired, Aaron and Hur held them up for him. You, my friends, lifted me up. It made me realize that I need to be that kind of encourager to people in my church - to lift them up in whatever work they are doing for the Lord.

Thank you so much for entrusting this great honor on me and allowing me to be a part of Women's Walk # 16. I love you all.

*Donna Tavis—Lay Director Women's Walk #16*

## LOGISTICS

What do the Logistics Coordinators do? We know that each Walk has a group of behind-the-scenes servants known as "LOGS", but thought that many may not know what activities precede the Walks. As coordinators, we restock all supplies for the Walks (except those used in the kitchen and dining hall) - this includes Upper Room materials, poster supplies, cleaning and bathroom items, first aid and medical supplies, and conference room materials.

We work with the Lay Director long before a Walk begins, so he or she can get the materials needed as the team begins to meet prior to an Emmaus Walk. It is also the responsibility of the Logistics Coordinators to make sure there are enough lanyards for the Pilgrims of each Walk. FYI - Many loving members of the LOVE Emmaus Community spend spare moments making the beautiful colorful lanyards on which hangs the cross you received on Sunday of your Walk. In fact, one of the women who makes lanyards for our Community shared that as she and her mother make their lanyards they pray for the pilgrim who will wear it. Isn't that amazing?

Thanks to those of you who have made lanyards for the Walks. If you would like to serve the community by helping make lanyards, we have several who are willing to teach the skill (they insist it isn't hard and it can actually be done while you're sitting in front of the TV or while listening to your spouse snore in front of the TV).

If you would like to learn, just let us know - it's a wonderful way to serve your Emmaus Community!

*Logistics Coordinators,  
Dan and Brenda Reed*

## NEWS FROM RUGGLES CAMP

Summer is in full swing and there's lots going on at Ruggles Camp Ground. Market Place was scheduled for June 24 - 26. This year's theme was "Messiah - His Childhood, His Ministry, His Mission". Children of all ages and denominations were invited to study "hands on" the life of Christ.

Also, camps for kids are held during July. Junior Camp is the 15th - 19th and Senior Camp is the 20th - 26th. To find out more contact our own Charles Shoemaker at 606-564-6149.

This is the 135th year for Ruggles "Camp Meeting". The Evangelist is Rev. Tim Philpot, who will be preaching nightly July 17th - 27th at 7:30 pm. People from the Emmaus Community often say that it feels like Holy Ground when they enter the Ruggles property, so come on out and join others reliving a historic spiritual experience!

*Blessings,  
Stella Hull, Ruggles Liaison*

*God doesn't call the qualified;  
He qualifies the called.*

## New Sponsorship Deadlines

Welcome new community members of Men's Walk #15 and Women's Walk #16! I want to take this opportunity to encourage you that as you journey through your Fourth Days to stay involved with worship at the monthly gatherings, and participate with upcoming Walks. One way to be involved is through sponsorship.

Sponsoring a Pilgrim is truly an awesome gift, and a humbling experience. In saying that, there is a lot of preparation in preparing for a Walk. There is team preparation. This involves many hours of work, phone calls, and prayer in getting a conference room and other team members together. And then there are team meetings which require several more hours of preparation and for some, long distances in travel for several weeks. There are menu preparations and getting kitchen help together. There also are many hours in preparing the campground before and after the Walks and the list goes on.

I say all of that to say this: according to the Upper Room bylaws and guidelines, in order for a Walk to go on as planned there needs to be a minimum of 15 Pilgrims on the list signed up to go on the Walk.

At the May Love Community Board Meeting, it was approved by consensus of the board, that in order to be able to continue to prepare for all upcoming Walks, we need at least 15 Pilgrims signed up 6 weeks prior to the Walk. As always, we will accept applications up until 2 weeks prior to the Walk, but we have to have 15 applications 6 weeks prior to continue preparations.

So Community, let's get involved. Pray about whom GOD would have you sponsor for upcoming Walks. There is no better feeling than that of being the hands and feet of Jesus, and being able to be a part of someone's Emmaus experience.

Remember, Life is what we are alive to. It is not length but breadth. Be alive to goodness, kindness, purity, love, music, GOD, and eternal hope.

*DeColores!  
Alison Dunn  
LOVE Community Secretary*





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Limestone-Ohio Valley Emmaus Community

## Upcoming Walk Dates Announced!

**Men's #16:  
September 4-7, 2008**

**Women's #17:  
October 2-5, 2008**

[www.LOVEmmaus.org](http://www.LOVEmmaus.org)

### L.O.V.E. Community Board of Directors

Community Lay Director	Georgjean Shelton
Assistant Community Lay Director	George Smith
Secretary	Alison Dunn
Treasurer	David Lewis
Community Spiritual Director	Jim Finch
Kitchen	Kay Grooms
Communications	Karen Hughes
Music	Phil Brown
Good Shepherd	Tom Tavis
Agape	Brenda Frogde
Chrysalis Representative	Acynda Spriggs
Registrar / Membership	Nicole George
Sponsorship	Michael Starkey
Volunteer Coordinators	Tim and Sally Teegarden
Facilities Set up/Clean up	Bill Shelton
Worship	Janice Edingfield
Logistics Coordinators	Dan & Brenda Reed
Social Coordinators	R. C. and Shirley Miller
L.E.A.D.	Roger Cheesbro
Ruggles Liaison	Stella Hull



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SUMMER