



Walk to Emmaus  
THE UPPER ROOM

While they were talking and discussing, Jesus Himself came near and walked with them. Luke 24:15



L.O.V.Emmaus Community  
Limestone-Ohio Valley Emmaus Community

Spring Edition

L.O.V.E. COMMUNITY NEWS

March 2012

**WELCOME!**

Greetings Love Emmaus Community!



It's already Spring. The 2012 Spring Walks are just around the corner; they will be here before you know it! With that in mind consider this:

'We are God's workmanship, created in Christ Jesus to do good works, which God prepared in advance for us to do.' Ephesians 2:10 (NIV)

What good works has God prepared for you?

There is much to be done to make a Walk happen. There is clean up at Ruggle's before and after the Walks plus the kitchen coordinator depends upon help from the Community with preparing and serving meals during each Walk (there is also clean up detail for the kitchen on Sunday afternoon of the Walk). As you know, each Walk is covered in prayer and there are 144 half-hour slots on the prayer vigil.

Remember those who served on the team during your Walk? They answered the call to prepare and serve. Has God prepared a place for you on the team?

Of course all of this is moot without pilgrims. Is the "good work" prepared for you sponsoring a pilgrim? Prayerfully consider how you can be the hands and feet of Jesus this Walk season.

In Christ,

Alan Leonard, Community Lay Director

## From the Good Shepherd . . .

Spring is a time of new beginnings and is a good time to renew or just begin a commitment be part of a share group. It will help keep you grounded and accountable in your Christian walk.

As the community's Good Shepherd, I will try to help you find or start a share group. Please don't hesitate to ask.

You can contact Good Shepherd at the LOVE Community website or at my email [my4thdays@yahoo.com](mailto:my4thdays@yahoo.com).

In Christ's Love,  
Mike Burke, Good Shepherd



## From the Editor's Desk

Thank you for your patience in waiting for the first newsletter for the LOVEmmaus Community for 2012. Thanks to help from tech savvy friends in our Community, as I start this effort. I will do my best, remembering God does not call the equipped; He equips the called (He also lets you call upon Brothers and Sisters in Christ for help)!

The newsletter is a source of information in print about the Community and updates with regards to events, including Walks and Gatherings. In addition, there will sometimes be space for some articles of special interest.

I hope you will consider sharing thoughts about your 4<sup>th</sup> days or Share Group updates, so others in the community might share the blessing. You may have received one of those 'brightened my day' kind of stories or thoughts of encouragement; sharing it would be one way to double the joy it provided for you.

You may reach me by email at [brenda.reed@live.com](mailto:brenda.reed@live.com)

Brenda Reed

### COMING UP!

Gathering - 4/23/2012  
Gathering - 5/22/2012

NOTE: Gatherings are at  
Washington United  
Methodist Church at 7:00 pm

- Board of Directors meets  
at 6:00 pm

## Give Someone a Blessing

Spring is here! The Men's & Women's Spring Walks are just around the corner. Be thinking of who you would like to sponsor for an upcoming walk.

Remember as members of the Emmaus Community, it is crucial that in order for our community to grow, we have to have sponsors who are willing to step out and be the hands and feet of Christ. Start praying now for the pilgrims and the ones who will be serving on the upcoming walks.

Be a blessing to someone and show God's love. If you have someone in mind to sponsor, go to the L.O.V.E. Community website at [www.lovemmaus.org](http://www.lovemmaus.org) for more information and to print an application.

*Kim Purdy, Sponsorship Chair*

## "Ketch-up" with the Kitchen

Colette McGinnis, Kitchen Coordinator



Romans 12: 13 NLT 'When God's people are in need, be ready to help them. Always be eager to practice hospitality. Hospitality - the act, practice or quality of showing care, attention, or concern for guests.'

Hospitality is not always heavy. Sometimes it is offering healing to the wounded spirit, encouragement along a difficult path, and hope where hope has long since disappeared. It is sometimes the ignition of love that is needed to set others on fire for Christ. I think that is what happens in the kitchen and the dining area of the Walk to Emmaus. For some of us, it is what we have to offer as our gift to others for the weekend. Kitchen and dining room work is filled with commitment and purpose. It is the work of God serving others for the mealtime.

Please contact me if you are interested in helping prepare, serve, clean-up for one meal, one day, or for the weekend. There are so many opportunities. I do not want to turn anyone down for there is room for all who wish to help. Share groups or church groups can sign up for a meal. I have menus to choose from, or you can help prepare and serve what's already planned for that meal. I am open to suggestions.

We do have housing shortage issues for overnight stays, so that may not be possible. We will work together to find a solution.

Collette McGinnis  
Contact me at [bcmcginnis@windstream.net](mailto:bcmcginnis@windstream.net)

## Thoughts FROM The Registrar

### Pilgrim Registration

Once you understand the duties of a sponsor, have prayed about who to ask to go on a walk, talked to them and they have accepted, the registration process begins.

Applications are available online at [www.lovemmaus.org](http://www.lovemmaus.org) under 'Contact Us'. A limited supply is also available at the Gatherings in the vestibule or, in the event I forget to put them there, from me!

The application has two parts: one for the Pilgrim, one for the sponsor. Please read and fill out your part. Give the Pilgrim their part and ask them to fill it out completely and legibly. Many times Pilgrims do not include e-mail or health issues. Assure them information is kept confidential and e-mails are used only to receive information about our community. Health issues and dietary needs are necessary at the time of application so the team can plan accordingly. Please staple the two pages back together before submitting. A non-refundable \$15 registration fee is required at the time of application.

Fifteen Pilgrims are required two weeks prior to the first date of the walk. If the registrar does not have fifteen completely filled out applications, with the deposit in hand two weeks prior to the walk, there can be no walk.

Applications received after the required two week deadline may not be approved, so it is very important to meet the deadline.

#### WALK DATES FOR 2012:

|                      |                                |
|----------------------|--------------------------------|
| Men #22: May 3-6     | Registration Deadline April 19 |
| Women #24: June 7-10 | Registration Deadline May 23   |
| Men #23: Sept. 6-9   | Registration Deadline Aug. 23  |
| Women #25: Oct. 4 -7 | Registration Deadline Sept. 20 |

If you ever have any questions about registering a Pilgrim, please contact me. I will help any way I can!

Alice Bailey

## COME, Now is the Time to Worship!

Have you been to a Gathering lately? Now is the time! Come join your Emmaus family and catch up with your "new best friend". Gatherings are held on the 4<sup>th</sup> Tuesday of each month at the Washington United Methodist Church just off of US 68 outside of Maysville. Enjoy worship, Holy Communion, a 4<sup>th</sup>-day speaker and, of course, FOOD!

Bring a friend! This is a good way to introduce potential Pilgrims to the Emmaus Community. We look forward to seeing everyone at the next Gathering!

## Message from the Spiritual Director



**BILL HENRY**

We've been studying the prophet Elijah at our church on Wednesday nights. Elijah comes on the scene in 1 Kings as the northern kingdom of Israel is in a downward spiral due to poor leadership. The people were all too eager to follow their kings even though they were leading the people away from the true God and toward the worship of Baal and other pagan gods. Elijah confronts King Ahab, who had done more evil than any of the other kings, to tell him that a drought was coming on the land. God then tells Elijah to hide in an area east of the Jordan River. There God supplies Elijah with water and has ravens bring him food every day, both morning and evening. When the water source dries up, God sends Elijah to a widow's house where Elijah, the widow, and her son are miraculously provided food for an extended period of time from a small amount of flour and oil. Then, after 3 plus years of drought Elijah is instructed to confront Ahab once again. Ahab had been looking for Elijah for some time and not for the purpose of giving him the key to the city. For Elijah to return to Samaria and meet up with Ahab took a lot of courage and a lot of faith. How did he muster up the faith to know that God would protect him as he obeyed this command to meet Ahab? Well, remember how I said Isaiah 'hid' east of the Jordan? Certainly he did need to be protected from Ahab by hiding for a while, but it would seem that there was another reason for his actions. While Elijah was hiding and staying at the home of the widow he had to rely totally on God for his provisions. The ravens brought food every day, morning and evening. There was no stockpile of food. While with the widow he had to trust that the flour and oil would last one more day. By living this way Elijah learned to trust, his faith grew each day as the ravens returned and the oil continued to flow. By the time he was asked to report to Ahab his faith had become so strong that he knew God was going to protect him.

How about us? Most of us have a bank account. Most of us have a pantry full of food. When we have an abundance of anything it's easy to put our faith and our trust in those things. I have heard it said that faith isn't faith until it's all you're holding onto. Proverbs 3:5 tells us to "Trust in the Lord with all your heart." He will protect you and he will provide for you when you allow him to use you as he desires.

### **Follow Me**

If you have been on an Emmaus team, you know how amazing it is. If you haven't, you probably have heard how amazing it is and encouraged to serve if ever asked.

At the heart of Emmaus is discipleship. It is the responsibility of team members to disciple other Christians, training them to go back to their homes, communities, churches (their worlds) and "make disciples". Discipleship is not without cost.

Jesus made the cost of discipleship quite clear from the beginning. "No one who puts his hand to the plow and looks back is fit for service in the kingdom of God" (Luke 9:62). At one point, He told his disciples, "If anyone would come after me, he must deny himself and take up his cross and follow me" (Matthew 16:24). He wanted no half-hearted commitment. Just as Christ was faithful to do the will of His Father, so His disciples were expected to be faithful to do His will. "If you love me, you will obey what I command" (John 14:15).

I know of very few people who have made giving up EVERYTHING to follow Him a lifestyle. But I do know of four instances a year that we may be asked to do just that. Serving on a team involves denying ourselves and not looking back. Serving comes with a cost.

Serving on a team costs us our time. Preparation requires attending team meetings. These are crucial and we must be willing to give up other activities, etc. to attend every meeting. And of course the weekend itself requires that we be there from before beginning to after end. Are you willing and able to give up this time?

Serving on a team costs us financially. It involves using vacation days or, in some instances, taking time off without pay. In addition, a small fee is required as well as voluntary costs. Are you willing and able to give of your finances?

Serving on a team costs us absence from our families. We leave them at home with very little contact. We may be required to miss special events. Many will need to make arrangements so that family is cared for while they are gone. Are you willing to give up your family and all their events?

Serving on a team costs us the comforts of home. While accommodations are far from bad, they are not home. We too are asked to fast from many things we are accustomed to at home. ( Food is NOT one of them!) Are you willing to give up these comforts?

Serving on a team costs us total devotion to the weekend. Our minds, hearts and hands must be concentrated on the mission at hand. When we arrive at Ruggles, we must leave life as we know it behind and look forward to how God is going to use us for the next three days. Are you willing to devote all you have for this weekend?

Is serving on a team worth the cost? I think everyone who has ever served on a team would say, "YES IT IS!"

# L.O.V.Emmaus Community

Limestone-Ohio Valley Emmaus Community

## LOVE Community Board of Directors

|                               |                        |
|-------------------------------|------------------------|
| Community Lay Director . . .  | Alan Leonard           |
| Ass't Comm. LD . . . . .      | Tim Naylor             |
| Secretary . . . . .           | Elise Starkey          |
| Treasurer . . . . .           | Theresa Mallory        |
| Comm. Spiritual Director . .  | Bill Henry             |
| Music . . . . .               |                        |
| Worship . . . . .             | Michele Mills          |
| Good Shepherd . . . . .       | Mike Burke             |
| Agape . . . . .               | Elizabeth Reed         |
| Sponsorship . . . . .         | Kim Purdy              |
| Volunteer Coordinators . . .  | Russell Day            |
| Communications . . . . .      | Brenda Reed            |
| Logistics Coordinators . . .  | Tim & Linda Ratcliff   |
| Social Coordinators . . . . . | Steve & Peggy Richards |
| Chrysalis Representative . .  | Jessica Reveal         |
| Registrar / Membership . . .  | Alice Bailey           |
| Facilities Set-up/Clean-up .  | David & Brenda Reveal  |
| Kitchen . . . . .             | Colette McGinnis       |
| L.E.A.D. . . . .              |                        |
| Ruggles Liaison . . . . .     | Stella Hull            |
| Team Selection Chair . . . .  | Michael Starkey        |
| Team Selection Chair . . . .  | Janice Edingfield      |
| Past Board Chair . . . . .    |                        |



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## MARK YOUR CALENDAR!

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[www.lovenmaus.org](http://www.lovenmaus.org)

Limestone Ohio Valley Emmaus  
Maysville, Kentucky



**L.O.V.E. COMMUNITY**

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