



Walk to
Emmaus
THE UPPER ROOM

L.O.V.Emmaus Community

Limestone-Ohio Valley Emmaus Community

While they were talking and discussing, Jesus himself came near and walked with them.

Luke 24:15

Upcoming Events:

- Gathering— May 25
- Women's Walk #8: June 3—June 6
- Gathering—June 22

Next Community Gatherings at 7:00 p.m.
The Maysville Church of the Nazarene
156 Maple Leaf Rd.

If possible, bring a snack to share!

Board of Directors:
May 25 at 5:45 pm

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CHRYSALIS ? WHAT'S THAT YOU SAY?

Biologists, (and elementary school children), can tell you all about it! They will quickly explain that chrysalis is a special time of growth during which a caterpillar develops into a beautiful butterfly. Therefore, it is not surprising that "Chrysalis" was the name chosen for a very special Christian growth experience for young people. It is designed to be an outstanding opportunity for high school youth to grow in their faith. Here is how it works.

Each participant is sponsored by an individual who believes the young person is prepared for, and will benefit from, the Chrysalis experience. Chrysalis takes place during a three-day weekend in which participants do not leave the premises. Each day has been specifically designed to shower participants with the love of God, to enable them to grow spiritually, and to encourage them to share the Word of God with others as they go back into the world. The entire program has been carefully designed by Upper Room in Tennessee and has been well tested over time. It works!

As you might imagine, the weekend combines a wide variety of activities. Several talks given by clergy, adults, and young people present themes for discussion. Contemporary Christian music keeps the pace lively and Christ-centered. Excellent food keeps hungry teenagers well satisfied! In addition, special moments of worship are particularly powerful and leave lasting memories of a truly special time spent in the presence of God.

In a world where so many negative influences impact the lives of our young people, rest assured that God is good. Yes, God provides positive and uplifting experiences for the young. Chrysalis is one of those positive experiences. The summer "flight" dates are:

- Girls Saturday, July 10, thru Monday, July 12, 2004
- Boys Saturday, July 17, thru Monday, July 19, 2004

All flights are held at Cornerstone United Methodist Church in Portsmouth, Ohio. Additional information and applications can be found on our website: www.southernohiochrysalis.com. If you have questions, you are also invited to call me at (740) 354-4494.

God bless and keep you! FLY WITH CHRIST !!

Joanne Charles
Southern Ohio Chrysalis
Community Lay Director

WHAT MAKES A DAD

God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea,

The generous soul of nature,
The comforting arm of night,
The wisdom of the ages,
The power of the eagle's flight,

The joy of a morning in spring,
The faith of a mustard seed,
The patience of eternity,
The depth of a family need,

Then God combined these qualities,
When there was nothing more to add,
He knew His masterpiece was complete,
And so, He called it ... Dad.

Author unknown



For information on Flights at other locations, please email
Chrysalis Coordinator, Debbie Shoemaker, at:
Chrysalis@LOVEmmaus.org



Pilgrims - Women's Walk #8

- | | |
|-----------------------|----------------------|
| 1. Kay Abney | 14. Marcella Mullins |
| 2. Oreatha Barber | 15. Bonnie Oney |
| 3. Dorothy Bentley | 16. Reena Ralston |
| 4. Tracy Berry | 17. Jerrye Jo Redden |
| 5. Debbie Caudill | 18. Brenda Reed |
| 6. Michelle Clark | 19. Peggy Richards |
| 7. Jill Evans | 20. Dottie Smith |
| 8. Bonnie Fox | 21. Carol Spriggs |
| 9. Linda Gill | 22. Helen Stephan |
| 10. Tabatha Henderson | 23. Sandi Trammell |
| 11. Melody Henry | 24. Alyssa West |
| 12. Juanita Kendall | 25. Traci Zipperian |
| 13. Amanda King | |

There are several individuals on the waiting list already. These individuals will have first priority for the fall walk. If you do not see your pilgrim, please call 606 759 5006 or email Membership@LOVEmmaus.org and let me check on them.

Before anyone is added to the list I need to have the Emmaus form filled out and the \$15 deposit. This allows everyone a fair chance. Sometimes things do not work out how we want them to, and that is when we have to remember, "It is God's timing" and not our own.

Cyndi Frodge
Membership/Registrar

LOVE



Progressive Servanthood

There are many questions following a walk weekend. How can I ever repay those who served on my weekend? How can I get involved in the community? How can I get to serve on a team?

Before you try to answer any of these questions, first review the many notes you took during your walk, especially the talk "Changing Our World." In that talk, it was explained that you first prepare yourself for service, then seek to serve. It is the same in the Emmaus community.

Quoting from the "Upper Room Handbook on Emmaus" it says, "The purpose of an established progression of responsibilities for Emmaus community members is twofold: leadership training and spiritual development. A person's readiness to carry out his/her particular assignment effectively often depends on and is always enhanced by prior experience in another position. The progression of responsibilities starts with support roles (preparing agape, camp clean-up, weekend set-up, serving in the kitchen) then moves into the conference room. Having served in one position does not assure that the person will move to the next step in the progression."

"Emmaus leadership begins and ends with anonymous positions of servanthood, such as working in the kitchen, praying in the chapel, sorting letters in the agape room, and cleaning bathrooms. This kind of sacrifice and servanthood is the heart of Emmaus and is where the development of Christian leadership begins. Those who first give themselves wholeheartedly and joyfully to the humblest duties are probably the ones who eventually need to be with the pilgrims in the conference room, setting an example and sharing their spirit."

There is a committee of the board who selects the teams. To be considered for selection to an Emmaus team, members must be active in the Emmaus community, be active in their church, and be active in a share group.

Stacy Downing
LOVE Community
Vice-Chair—Board of Directors

MEN'S WALK #8 IS A SUCCESS!

You would think after all the Walks we have seen at the LOVE Community and other communities we would cease to be amazed at God's handiwork. We know He will be there and we know that in the presence of the Holy Spirit miracles will happen but it is still with excitement and wonder we watch His work among the pilgrims during the Walk.

Twenty men started this walk from twenty different places in their own Christian walks and ended closer to God than they ever thought possible. Praise to God for the sacrifice of His only Son that through His Grace we were all part of this weekend.

All Walks are different and each one has its own "personality" so it is unrealistic to compare Walks. That said, I can only say "WOW GOD" to borrow a phrase. Men's Walk #8 was once again a miracle and a reaffirmation of God's awesome power. When we do as God directs us, the result is a reflection of God's will and is to His glory. When we think we have a better way to do things (better than God's way?) the result is an attempt to glorify ourselves. I can truly say the result of Walk #8 is because of God's hand in the Walk. Every time the earthly trinity (me, myself, and I) gets involved the result is less than a success. All good things come from God.

Thanks to you, the LOVEmmaus community, for following God's will and using your hands, feet and your hearts in His service. It is your love for God and His Son that make these walks a success and the success of these walks are to God's glory!

Bob Bennington
Men's Walk #8 Lay Director

"On Line" Accountability Group

At the last Women's Walk #8 team meeting, Rev. David Laycock mentioned his daily on-line accountability group. I ask him to share some details with me on how this works. Some of us(me!) are "techno-disadvantaged" and I needed details on how this works for David. This inset is his report:

"We gather everyday at 6:00 am, if someone is not there, we call them. These items are from the previous day.

- *Closest to Christ*
- *Farthest from Christ*
- *Daily devotion report*
- *Ministry report (these fellows are all ministers)*
- *Ministry denied*
- *Eating habits and Exercise*
- *Pray time (amount of time and the quality of time)*
- *Prayer requests*
- *We spend exactly one hour. We end with prayer.*
- *We meet every morning! Consistency is very important. This chat-room is at www.glorykids.org. Chat could*

be done at AIM Messenger, or ICQ or MSN Messenger."

I thought this was a wonderful idea for busy young mothers and fathers, for "techie", for us older generation who do not want to feel left out of all the new information floating around in space. (I'm positive that most of my lost messages are circling Saturn.)

Try it, you might like it. But remember, consistency will be the key. It need not be daily, but you must make the time a priority! You know!

There are 2 women that would like to begin a group, during lunchtime out on Maysville's hill. There is a definite possibility for a new share group in the downtown area. Please e-mail me at:

goodshepherd@lovemmaus.org.

I will do my best to connect you and help you begin a new group.

In Christ,
Colette McGinnis
The Good Shepherd

Hello Emmaus Brothers and Sisters!

During the last couple of months I have been working to send and receive the agape letters that each walk receives from communities all over the world.

Being new to the Emmaus Board and as Agape Coordinator I have been thinking that I have not spent enough time in prayer for walks being held around the world. Our letter from the L.O.V.E. Community to other Walking Communities says that we will hold them up in prayer. I am asking you to make this a part of your daily prayer time. To ask God to be with those who are preparing for walks and also those who are pilgrims or working at a walk that day. I never really thought about keeping other communities in prayer but from the letters and email I receive there is almost always a community who needs our prayers.

I call on you, O God, for you will answer me; give ear to me and hear my prayer. Psalm 17:6

DeColores, Julia Warner, Agape Coordinator

AGAPE PRAYERS NEEDED!

From the Spiritual Director . . .

Hello Beautiful Emmaus People!

When I was around 13 years old (before the age of perma-press), my Mom walked up to me with a big smile and said, "Today you learn to iron your own clothes!" She took me downstairs to the ironing board, showed me the iron and how it worked. She explained the idea behind sprinkling down your clothes, the clothes bag etc., making sure I knew to leave damp clothes in the bag for more than a day invited mildew.

She took out a shirt, a pair of pants, ironed them, showing me each step, inviting me to ask questions. After she was through she said, "It's all yours. Any questions just let me know!" At first it was difficult, and I hollered upstairs more than once for her help, but I stuck with it and today can iron with the best of them!

As I look back, I've asked myself more than once, "Why did I stick it out?" The only answer I can consistently come up with is that there was something inside of me that hated wrinkles! There was something in my genetic make-up that wanted to be neat— whether my room, car, yard—that's how it was.

When we accept Christ Jesus as our Savior, God puts something new inside of us. The Holy Spirit who leads us to be like Christ helps us to begin "ironing out the wrinkles" -- being conformed in heart, mind, and actions to our leader, Jesus Christ. Not long ago when reading an article about Holy and

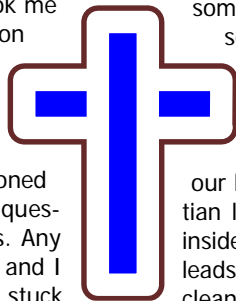
Sanctified living, I felt the writer hit the essence of Christian living when he said, "It's more than refraining from bad, it's doing good."

Praise God, that after our salvation, God by His wonderful Grace leads us away from sitting, soaking, and souring in our relationship with Him. Praise be to the Lord that He has put something in us that leads us to take a hard look at ourselves in certain areas, questioning if we have surrendered it to the Lord. Praise be to God, that even when we resist taking a hard look at ourselves, He leads us to places like our home church and The Walk to Emmaus where again He opens the eyes of our heart and we are enabled to see the essence of Christian living. Praise be to God, that He put something new inside of us that hungers for the path of righteousness and leads us to say, "Lord, I've mildewed, would you please clean me up?"

We all praise God for His work in the hearts of the men who just completed their walk. You guys be sure to make the gathering May 25th - 7 pm at the Maysville Church of the Nazarene! We prayerfully continue to lift up the team members and pilgrims of the upcoming women's walk June 3-6th.

Thank you Lord that by Your Grace you lead us to the place we see our wrinkles, and give us the power to iron them out!

*De Colores,
Michael Canada
LOVE Community Spiritual Director*





L.O.V.Emmaus Community
Limestone-Ohio Valley Emmaus Community

SIGN UP FOR THE E-NEWSLETTER!

If you would like to help save trees and postage, sign up to receive the LOVE Community Newsletter electronically. Simply send an email to Newsletter@LOVEmmaus.org, and request that you be added to the email list, and removed from the USPS mailing. Each month, a link will be sent to you advising that the latest newsletter is complete and ready for downloading on the website listed below.

Also found on the website are past issues of newsletters for your perusal, directions and maps to Gatherings, detailed information about the Walk to Emmaus that can be shared with others, and much more! Please take a moment to visit:

www.LOVEmmaus.org

L.O.V.E. Community Board of Directors

Chairman:

Bob Bennington
Home: 937-544-5900
Chairman@LOVEmmaus.org

Vice-Chairman:

Stacy Downing
Home: 606-759-7655
ViceChairman@LOVEmmaus.org

Secretary:

Judy Day

Treasurer:

Kay Moran

Immediate Past Chair:

Jim Downing

Spiritual Director:

Rev. Mike Canada
SpiritualDirector@LOVEmmaus.org

Sponsorship:

Roger Cheesbro
Sponsorship@LOVEmmaus.org

Registrar/Membership:

Cyndi Frodge
Membership@LOVEmmaus.org

Communications:

Rebecca Smith
Newsletter@LOVEmmaus.org

Agape Correspondence:

Julia Warner
Agape@LOVEmmaus.org

Gathering Committee:

Rev. Bill Henry

Music Director:

Sharon Snider

Good Shepherd:

Colette McGinnis
GoodShepherd@LOVEmmaus.org

Chrysalis Coordinator:

Debbie Shoemaker
Chrysalis@LOVEmmaus.org

Worship Director:

Delace Canada

Volunteer Coordinators:

Steve and Kathy Weber
Volunteers@LOVEmmaus.org

Logistics:

Tom and Shirley Josche

Social:

Bill and Georjean Shelton

Kitchen:

Pat Welti



L.O.V.E. COMMUNITY

P.O. Box 454
Maysville, KY 41056

happy
father's
day  GO AHEAD...
MAKE HIS DAY!