



Walk to
Emmaus
THE UPPER ROOM

While they were talking and discussing, Jesus Himself came near and walked with them. Luke 24:15

Limestone Ohio Valley Emmaus Community

LIMESTONE OHIO VALLEY COMMUNITY NEWS

May, 2014

Are Your Plugged In?

In this day of electronics, the idea of being plugged in is archaic. However, plugging in is how we charge our phone, iPad, kindle, laptop, etc. Our spiritual lives can be much like this. When we are plugged in to "The Source" our power is at its all-time best and we can probably go wireless for a short period of time without noticing the loss of "power bars." Unfortunately, we sometimes don't recognize the low power warning signal and we start living in a powerless norm.

This week my small group talked about plugging in to the power source. Well, it was more like we talked about the vine and the branches (John 15:4-5). The best way for me to describe my understanding of this was to enter the world of electronics. It all starts with PRIORITIES! Yes, after being in a relationship with God for over 30 years I still struggle with keeping those in order. Here is what I have learned: It is important to stay plugged in; yes, being "tethered" to God is where we find our greatest source of power. He is where we get our strength, wisdom and ability to minister to others with the greatest outcome. Going wireless can lead to weariness. Don't let yourself get run down, plug in!

"How can I plug in?," you may ask. First, set aside time every day for prayer and study. Second, regular church attendance and involvement in ministry there. Next, get into a small group. Call it what you will...share group or reunion group, but find a small group of believers that will hold you accountable to live in Christ where you can encourage others along the way. Then, attend Emmaus Gatherings and walk functions. Finally, make a friend, be a friend and lead a friend to Christ. When you complete these steps, continually repeat!

De Colores! Have a Blessed Day!

Elise Starkey, Community Lay Director



Dear Community,

I would like to welcome the newest members from Men's Walk to Emmaus #25 to the Limestone Ohio Valley Emmaus Community. Their attention, perseverance, and spirit of cooperation and charity throughout the weekend, made the weekend where all drew closer in relationship with Christ.

I would also like to thank the conference room team for their hours of dedication during team formation, as well as during the walk, and to those on the team who served in anonymous servant roles.

It was great to see so many from our community support the pilgrims during the special events of the Walk, as well as your help with meals, agape and prayer.

It is my prayer that the men of Walk #25 will continue to connect with a share group (reunion group) and attend the monthly Gatherings as a means to continually fuel their fire with the Love of Christ. I am looking forward to seeing you at the May Gathering. Remember, team and new community members we will meet at 6 PM for the Walk 25 reunion!

The newest Community members are:

Rick Adkins	Bob Anderson	Jeffrey Gibbs	Daniel Cox II	Brian Day	Rusty Ellis
Mike Fadeley	Mike Greber	Rob Matheny	Eric Patterson	Junior Redmon	Brent Scott
Tim Scott	Jeremy Thacker				

Love in Christ!

Dan Reed, Men's Walk # 25 Lay Director



Limestone Ohio Valley Emmaus Help Wanted!

I know each of us, upon arriving at Ruggles Campground for our Emmaus Walks, probably never thought about the time, prayer, and effort involved to get everything ready for our Walk at Ruggles Campground. (If you are part of our community and attended your walk elsewhere, I am sure you never gave it a thought that someone prepared your room, bathrooms, conference room, etc.)

The Limestone Ohio Valley Emmaus Community needs your help! You can show the pilgrims the love of Christ by coming to Ruggles to help get the campground facilities ready before the walk. **The clean up days are Saturday morning, May 31st and Monday evening, June 2nd.** If these times do not work for you please feel free to contact Jim Finch or Stella Hull to make arrangements for a time you can be there.

There is also much to do immediately following Closing on Sunday, June 8th. All equipment needs to be taken down and stored until the fall walks, plus the areas we used need to be cleaned before we leave.

There is an old saying- "Many hands make work light." That could not be truer when it comes to taking the time to help get Ruggles ready for the Walks; enjoy some time with friends as you do acts of agape that bless the pilgrims on their weekend.

For more information please contact
Crickett Crase, Volunteer Chairperson

"Ketch-up" with the **Kitchen**



Calling all share groups!

Brenda Reed is the spring lay director and she has 4 ladies on her team working in the kitchen with me. I need share groups for Friday lunch, Sunday breakfast and Sunday lunch, if anyone would like to do one of those. Thank you and remember, **God** Is Good All The Time...And All The Time **God** Is Good. I can be reached at 606-932-6760 after 4:00pm Monday through Friday or you can email me at:

carol.spriggs@greenup.kyschools.us

DeColores!
Carol Spriggs, Kitchen Coordinator

Upcoming Walk & Pilgrim Update from the Registrar

The Women's Walk is June 5 - 8. We have 19 women registered as pilgrims. Any questions can be mailed to Lisa Boling, Emmaus Registrar, 12702 Fite Hauck Rd., Sardinia, OH 45171.

Registered Pilgrims

Sue Adkins — Theresa Conaty — Alice Kidder — Pat Hogge — Becky Dawson — Mary Bailey — Sierra Redmon — Karli Beasley — Kim Meyers — Heather Fite — Evelyn Bond — Karla Painter — Pam Howard Emily Greber — Melissa Stephan — Chrys Jacobs Shelly Day — Raechel Stauder — Phyllis Anderson

Women's Walk # 28 Team Members

<i>Brenda Reed</i>	<i>Peggy Richards</i>	<i>Ray Snider</i>
<i>Lisa Leonard</i>	<i>Lauren Doyle</i>	<i>Amy Farrell</i>
<i>Anna Kirchen</i>	<i>Kim Jodrey</i>	<i>Chantsey Carter</i>
<i>Kaci Compton</i>	<i>Bonnie Oney</i>	<i>Shelia Euth</i>
<i>Linda Henry</i>	<i>Mary Lou Cornette</i>	<i>Michelle Clark</i>
<i>Mandy Ratcliff</i>	<i>Arminta Dunn</i>	<i>Terry Barger</i>
<i>Linda Naylor</i>	<i>Barbie Doppes</i>	<i>Shelly Arn</i>
<i>Elizabeth Reed</i>	<i>Helen Henry</i>	<i>Tracy Gibson</i>
<i>Lisa Boling</i>	<i>Kristine Brookover</i>	<i>Christine Mitchell</i>
<i>Sydney Gibson</i>	<i>Lori Layne</i>	<i>Mike Starkey</i>

Weekend Special Events

Please mark these dates on your calendar for the Women's Walk #28 special events of the Emmaus Weekend.

Send Off Picnic—Thursday, June 5th, beginning at 6 PM. Bring a covered dish or two to share and make the pilgrims on each of these walks feel the LOVE of the Community.

Community Service—Saturday, June 7th beginning at 8 PM.

Closing—Sunday, June 8th, be there by 3:30 PM.

NOTE - As you know, all Gatherings are open for anyone to attend, however, the weekend special events are only for those who have previously be on a Chrysalis Flight or Emmaus Walk. Please make arrangements for your children at home.

AGAPE!

Hello Community,

We have completed a very successful men's walk and you stepped up and gave of yourself as a servant should.

The women's walk is just around the corner and you can help with this walk in many ways, start by praying for these ladies and the team, come to the send-off picnic, be early to greet the pilgrims, carry luggage, help make beds, write letters and that very important table and bed-time agape.

Can you remember how excited you were about all that stuff on your bed and at your meals? Get your share group together to make some agape to share with these pilgrims. At this writing we have 19 pilgrims and 25 team members so if you are doing table agape prepare 50 pieces to make sure there is enough for everyone on the walk.

Remember only share group or church names are to be on your agape.

May God bless you in all you do,
Judy Nolte, Agape Chairperson

Wow! Where did all the snow go?! Did it melt? Why didn't somebody tell me that was going to happen?!

Do unexpected or even shocking things happen in your life? All of us have things over which we have no control happen in our daily lives in spite of our best efforts to keep everything under control.

When things seem to get out of hand and you don't have a good handle on it, where do you turn? What do you do?

Sorry! Screaming won't fix it Crying until you can't cry anymore won't make it any better. Throwing a fit won't help. Wallowing in your misery doesn't change a thing.

Know this however...when we are out of control and the water is way over our heads and the wind has, in fact, already knocked us completely over, God has everything under control!

In times that are full of the unexpected, the knowledge of God's Holy Word is there to provide a foundation upon which we can build. When not necessarily happy surprises have come upon us, God still hears us when we pray. If you're feeling uncertain or even afraid, the peace of God which passes all understanding will flow to you through the fellowship of the church.

God is not dead, nor does he sleep, nor are things too difficult for Him to handle.

Emmaus can be a way to help us and our friends to be reminded of God's availability when ever crisis of opportunity comes our way. Using the tools we learn and experience in our community: Invite a friend to know Christ better...Encourage someone to get a little closer to Jesus...Let the Holy Spirit flow into your life to shore you up when you're not sure of the way.

The unexpected will happen. But we can expect Jesus to be there to help us by the life of his church, in our community gatherings, in our small fellowship groups and individually His Holy Spirit will be there speaking to us by his own still small voice bringing clam and strength.

When you don't know what else to do, read John 3:16 and the 23rd Psalm. Then pray the Lord's prayer. Follow that by reading or reciting the apostles' Creed. You can always trust God when the waters are deep and you did not think they would be.

DeColores,
Ray Snider, Community Spiritual Director 2014

*Message
From
The
Spiritual Director*



Limestone Ohio Valley Emmaus Community Board of Directors

Community Lay Director	Elise Starkey
Assistant Lay Director	Billy Boling
Spiritual Director	Ray Snider
Secretary	Brenda Reed
Treasurer	Kevin Doyle
LEAD Chairman	Tim Naylor
Hospitality	Peggy Richards
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Communications	Nancy Moore
Registrar	Lisa Boling
Logistics Coordinator	Russell Day
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Music	Sheila Euth
Good Shepherd	Shirley Link
Kitchen	Carol Spriggs
Agape Chairperson	Judy Nolte
Sponsorship	Kim Purdy
Ruggles Liaison	Les Grooms
Chrysalis	Elizabeth Reed



MARK YOUR CALENDAR!

Limestone Ohio Valley Emmaus Community

WALK DATES

Women #28: June 5—8, 2014

Men #26: Sept. 4—7, 2014

Women #29: Oct. 2—5, 2014

GATHERINGS

May 27, 2014 7:00 PM
(Men's Walk #25 Reunion @ 6:00 PM)

June 24, 2014 7:00 PM
(Women's Walk #28 Reunion @ 6:00 PM)



Limestone Ohio Valley Emmaus Community
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