



Walk to
Emmaus
FILE UPPER ROOM

L.O.V. Emmaus Community

Limestone-Ohio Valley Emmaus Community

Fall Issue

L.O.V.E. COMMUNITY NEWS

October

While they were talking and discussing, Jesus Himself came near and walked with them.

Luke 24:15

Upcoming Events:

- Gatherings, 4th Tuesday:
-October 28th
-November 25th
- Monthly Gatherings at the Washington United Methodist Church, 7:00 pm. If possible, please bring a snack to share.

Women's Walk #17 Reunion!

Please meet early at the October Gathering at 6:00pm to reconnect and visit with those who participated in this walk.

Board of Directors:
October 28th, 5:45 pm
November 25th, 5:45 pm

From Our LAY DIRECTOR ...

I would like to thank the L.O.V.E. Community for all their support during the fall Men's and Women's Walks. We had better response than we have had for a long time and it was wonderful to see such an increase in the number of Pilgrims participating in both Walks! And the Lay Directors and team members on all the Walks this year did a great job. Thank you!

When we got down on our knees we could see the Lord working to get the job done. Our God moves in a mighty way when we allow Him to work through us.

Looking ahead, we need to plan for the December Gathering and what we want to do about it because of the Christmas date (the fourth Tuesday will be the 23rd). The Board is considering scheduling the Gathering for the following Tuesday, December 30th.

The next question is: do we want to have a program? In the past few years, we have had special music for December and tried to make it a little different from our regular Gatherings. Phil Brown, our Music Coordinator, tells me he is open for suggestions, but we must let him know pretty quickly. If you would like to make a suggestion for the December program, contact Phil at jogger2doc@windstream.net.

Finally, the Men's Walk in the spring falls on Mother's Day weekend. Because of the problems that may cause some Pilgrims and team members, it has been suggested we move the date to April 30 - May 3 just for this Walk (2009). We would like some feedback from you about that, as well. If you have an opinion about this, you can contact me or any other Board member before our next Board meeting on October 28th.

Folks, satan is at every corner so keep alert, watchful and remember to pray for each other. See you all at the next Gathering!

DeColores!
Georgjean Shelton
Community Lay Director

WOMEN'S WALK

#17

Cyndi Frodge wants to thank everyone for their prayers and support for Women's Walk #17. God was surely present throughout the weekend and it was great that so many of you were in attendance at the weekend events, too! It is a true blessing to be part of such a special Emmaus Community with brothers and sisters in Christ who love and serve Him in such tangible - and anonymous - ways. Thanks again!

OH! And don't forget the Walk Reunion! We'll meet on October 28th in the dining hall at the church at 6:00 for a chance to get reacquainted and visit before the Gathering starts at 7:00. See you there!

THANK YOU

Dear Community - A great big **THANK YOU** for all who helped in any way in the kitchen this past year. Your help was definitely needed and appreciated. Hope you have received a blessing for your service.

A final reminder - I need at least 100 or more recipes before the first of the year. Send them to recipe@lovemmaus.org or kitchen@lovemmaus.org. If I don't have them early January so I can work on the typing during the cold winter days, the cookbook just won't happen!

DeColores!
Kay Grooms
Kitchen Coordinator

Kitchens & Cookbooks



FANTASTIC FAITHFULNESS !

This is an end-of-year thank you for the many hours of prayers, cleaning, and all the other areas of volunteer service that have gone into a year of faithfulness to the Lord. Tim and I are very blessed to be surrounded by such wonderful servants. Rest up now because, before you know it, we will be hot on your trails again looking for our 2009 flock of the faithful.



DeColores!
Tim and Sally Teegarden
Volunteer Coordinators

Choose to VOTE!



Election Day: November 4th

Dear Community,

This quote came in an email recently: "All that is necessary for the triumph of evil is that a good man do nothing."

My dear friends, these are challenging times in our nation and around our world. This is a time in which God's people need to be involved. We need to pray for our leaders. We need to exercise our right and duty as citizens by giving careful, prayerful consideration to the candidates and the issues and then cast our ballot.

Our store has been promoting Christian Election T-shirts and my favorite has been one that says, **"Pray-Vote-Pray"**. Three simple, but powerful words.

Blessings,
Stella Hull

"If my people, who are called by My name, will humble themselves and pray and seek My face and turn from their wicked ways, then will I hear from heaven and will forgive their sin and will heal their land." II Chronicles 7:14

WORDS OF WISDOM



FROM THE REV:

We had a wonderful time on Women's Walk #17 because we drew near to God and one another and He drew near to us. Everyone celebrated God's wonderful grace - some for the first time. Another internet story from an unknown author illustrates our Lord's presence when we continue to be faithful in our walk with Him:

"Wishing to encourage her young son's progress on the piano, a mother took him to a Paderewski concert. After they were seated, the mother spotted a friend in the audience and walked down the aisle to greet her.

Seizing the opportunity to explore the wonders of the concert hall, the little boy rose and eventually explored his way through a door marked 'NO ADMITTANCE'. When the house lights dimmed and the concert was about to begin, the mother returned to her seat and discovered that her son was missing. Suddenly, the curtains parted and the spotlights focused on the impressive Steinway on stage. In horror, the mother saw her little boy sitting at the piano, innocently picking out 'Twinkle, Twinkle Little Star'.

At that moment, the great piano master made his entrance, quickly moved to the piano and whispered in the boy's ear, 'Don't quit. Keep playing'. Then leaning over, Paderewski reached down with his left hand and began filling in a bass part. Soon his right hand reached around the other side of the child and he added a running obbligato. Together, the old master and the young novice transferred a frightening situation into a wonderfully creative experience. The audience was mesmerized.

That's the way it is with God. What we can accomplish on our own is hardly noteworthy. We try our best, but the results aren't exactly graceful flowing music. With the hand of God, our life's work truly can be beautiful. So the next time you set out to accomplish great feats, listen carefully and you can hear the voice of God whispering in your ear, 'Don't quit. Keep playing'. Feel His loving arms around you. Know that His strong hands are playing the concerto of your life."

Remember, God doesn't call the equipped; He equips the called. Your worst days are never so bad that you are below the reach of God's grace. And your best days are never so good that you are above the reach of God's grace.

Don't Quit - Keep Playing - Remain Faithful!

DeColores!
Jim Finch,
Community Spiritual Director

Leroy gets in line, and when it's his turn, the preacher asks: "Leroy, what do you want me to pray about for you?" Leroy replies: "Preacher, I needs of you to be prayin' for my hearin'." The preacher puts one finger in Leroy's ear, and he places the other hand on top of Leroy's head, lifts his eyes and head to the Heavens and prays and prays and prays. After a few minutes, the preacher removes his hands, stands back and asks Leroy: "Leroy, how is your hearing now?" Leroy says, "I don't rightly know, Reverend, it ain't 'til next Wednesday.

Submitted by Bren Frodge

And now ... a word from our SPONSORSHIP CHAIR

I am glad that the Lord has done a great work this fall on both of the Walks. A big warm welcome to the new Community members! We had 28 pilgrims on the Women's Walk and 20 on the Men's Walk. The turn-out this fall was really something! When we prayed that God would help us to get Pilgrims on the Walks He answered in a big way!

For the upcoming Walks in the spring, the deadlines will remain the same. We need applications turned in for a minimum of fifteen (15) Pilgrims six weeks before the Walk date in order to allow the Walk to go on. March 26th is the deadline for the Men's and April 23rd is the deadline for the Women. We can accept more Pilgrims after that date, up to two weeks before the Walk, but without that minimum of fifteen on the deadline dates, we will have to cancel the Walk.

Start asking God now to show you who He would have you invite to attend the Walk - it is never too early. All we can do is provide the opportunity for God to work. I have faith that He can do even more than He already has, don't you?

God bless!
Michael Starkey
Sponsorship Chair



Allan Luks, the author of *The Healing Power of Doing Good*, describes the very real physical benefits that accrue to those who engage in consistent, face-to-face service to others. Luks "makes it clear that when we persuade someone else to volunteer face to face, we are giving an enormous gift, much like a membership in a health club. Helping others offers long-term health benefits, "including relief from back pain and headaches, lowered blood pressure and cholesterol, and curbed overeating and alcohol and drug abuse." (Excerpt from *The Volunteer Revolution* by Bill Hybels)

KNOCK KNOCK

A Joyful 'toon by Mike Waters



Ask and it will be given to you; seek and you will find; knock and the door will be opened to you.

- MATTHEW 7:7 NIV

WELCOME!



In 2008, 75 Pilgrims made their way on the Journey to Emmaus in our local Community. Just look at this list of names! God has truly blessed them and us! WELCOME, new members to the Limestone Ohio Valley Emmaus Community – God loves you and so do we!

We're so glad you took this step of faith and made this Walk. We encourage you to become active in the Emmaus Community – there are so many ways you can volunteer!

We also encourage you to get involved in a Share Group. You may remember hearing about this on Sunday afternoon of your Walk, but if you're anything like I was, my brain was pretty much mush by that time. A Share Group is just a small group of believers that you commit to meeting with on a regular basis – people you can grow with spiritually, who will hold you accountable in your walk with God; friends who will support you in your trials and rejoice with you in your triumphs. A Share Group keeps you on track much better than walking that road alone.

If you have questions about Share Groups or how to get started in one, contact our Good Shepherd, Tom Tavis at ttavis@yahoo.com or you can catch up with him at the Gatherings.

2008 LOVE EMMAUS COMMUNITY NEW MEMBERS

Bentley Balke, Russell Day, Mitchell Irvin, Harold Jump, Charles Kemp, Michael Rodes, Rick Satterfield, Ray Schaefer, Jeff Shields, Brett Spencer, Mark Wells, Les Andrews, Eric Baker, Jerry Blanton, Dean Collins, Donnie Edgington, Roy Gillespie, John Hendrix, James Howard, Jerry Huntley, Marty Huntley, Matt Johnson, Jack King, Brent Rossman, Jeremy Rutledge, Troy Salsbury, Craig Sanders, Rick Storer, Doug Thompson, Roger Wilkins, Woody Woodford, Jerri Alley, Stephanie Edgington, Kay Flannery, Betty Hedrick, Kathy Jacobs, Dawn Mitchell, Druann Kendrick, Debbie LeBrun, Vicki Pierron, Candi Ogden, Brandi Persch, Dorothy Smith, Sherry Reid, Nikki Whalen, Jenny Wells, Brenda Reveal, Kim Adkins, Tiana Addis, Brenda Andrews, Susie Coil, Vonna Cole, Billie Davenport, Elizabeth Durst, Ruth Finch, Marta Granados, Susie Hargett, Gayle Hone, Jenny King, Kathy Meade, Mary Moore, Bonnie Pertuset, Terry Pursley, Betty Rodgers, Rhonda Rowan, Casey Rutledge, Jeni Sanders, Liz Smith, Sherri Staker, Teri Stethem, Wanda Stevens, Barb Williams, Ina Carol Wilson, Jenny Young, Karen Young



L.O.V.E. Community Board of Directors

Community Lay Director	Georgjean Shelton
Assistant Community Lay Director	George Smith
Secretary	Alison Dunn
Treasurer	David Lewis
Community Spiritual Director	Jim Finch
Kitchen	Kay Grooms
Communications	Karen Hughes
Music	Phil Brown
Good Shepherd	Tom Tavis
Agape	Bren Frogde
Chrysalis Representative	Acynda Spriggs
Registrar / Membership	Nicole George
Sponsorship	Michael Starkey
Volunteer Coordinators	Tim & Sally Teegarden
Facilities Set up/Clean up	Bill Shelton
Worship	Janice Edingfield
Logistics Coordinators	Dand & Brenda Reed
Social Coordinators	R. C. & Shirley Miller
L.E.A.D.	Roger Cheesbro
Ruggles Liaison	Stella Hull

Upcoming Walk Dates:

Men's #17: TBA

Women's #18: June 4-7, 2009

www.lovemmas.org



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