



Walk to
Emmaus
THE UPPER ROOM

L.O.V. Emmaus Community

Limestone-Ohio Valley Emmaus Community

L.O.V.E. COMMUNITY NEWS

September

While they were talking and discussing, Jesus himself came near and walked with them.

Luke 24:15

Upcoming Events:

- Gathering: September 28
- Gathering: October 26

Gatherings are held at the Maysville Church of the Nazarene, 7:00 pm. If possible, please bring a snack to share.

Board of Directors:

September 28, 5:45 pm
October 26, 5:45 pm

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NOAH'S ARK

Everything I need to know, I learned from Noah's Ark.

ONE: Don't miss the boat.

TWO: Remember that we are all in the same boat.

THREE: Plan ahead. It wasn't raining when Noah built the Ark.

FOUR: Stay fit. When you're 60 years old, someone may ask you to do something really big.

FIVE: Don't listen to critics; just get on with the job that needs to be done.

SIX: Build your future on high ground.

SEVEN: For safety's sake, travel in pairs.

EIGHT: Speed isn't always an advantage. The snails were on board with the cheetahs.

NINE: When you're stressed, float awhile.

TEN: Remember, the Ark was built by amateurs; the Titanic by professionals.

ELEVEN: No matter the storm, when you are with God, there's always a rainbow waiting.

Gratitude

"Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today, and creates a vision for tomorrow."

~ Melody Beattie ~

26 Beautiful One-Liners

1. Give God what's right -- not what's left.
2. Man's way leads to a hopeless end -- God's way leads to an endless hope.
3. A lot of kneeling will keep you in good standing.
4. He who kneels before God can stand before anyone.
5. In the sentence of life, the devil may be a comma--but never let him be the period.
6. Don't put a question mark where God puts a period.
7. Are you wrinkled with burden? Come to the church for a face-lift.
8. When praying, don't give God instructions - just report for duty.
9. Don't wait for six strong men to take you to church.
10. We don't change God's message -- His message changes us.
11. The church is prayer-conditioned.
12. When God ordains, He sustains.
13. WARNING: Exposure to the Son may prevent burning.
14. Plan ahead -- It wasn't raining when Noah built the ark.
15. Most people want to serve God, but only in an advisory position.
16. Suffering from truth decay? Brush up on your Bible.
17. Exercise daily -- walk with the Lord.
18. Never give the devil a ride -- he will always want to drive.
19. Nothing else ruins the truth like stretching it.
20. Compassion is difficult to give away because it keeps coming back.
21. He who angers you controls you.
22. Worry is the darkroom in which negatives can develop.
23. Give Satan an inch & he'll be a ruler.
24. Be ye fishers of men -- you catch them & He'll clean them.
25. God doesn't call the qualified, He qualifies the called.
26. Read the Bible -- It will scare the hell out of you.

Thanks to Bren Frodge for sharing articles for this month's newsletter!

Women's Walk #9 Team Members

Spiritual Director	Jim Vaden
- Assistant	Charles Mallory
Lay Director	Georgjean Shelton
-Assistants	Judy Day
	Lori Perry
	Shirley Arn
Board Rep.	Walene Bennett
Table Leaders	Janet Lester
	Theresa Mallory
	Donna Tavis
	Cyndi Frodge
	Alison Dunn
-Assistants	Sally Teagarden
	Nell Wise
	Pat Welti
	Elise Starkey
	Linda Ratcliff
	Wanda Bowman
	Angie Bowling
Music Director	Sharon Snider
-Assistants	Kathy Bisotti
	Tracy Wells
Prayer Servants	Brenda Howard
	Patty Rhonemus
Logistics	Stella Hull
	Colette McGinnis
	Shirley Josche
Kitchen	Cynthia Snider
Clowns	Sue & Bob Hedlesten

Please pray for our team members, that they will serve in humility, and with gratitude for the opportunity. That they will be reminded that the Holy Spirit calls for their love, patience, kindness, gentleness, and self control in all things!

Pilgrims - Women's Walk #9

1. Oreatha Barber
2. Tasha Berry
3. Elinda Boyles
4. Denise Burke
5. Beth Clark
6. Donna Commodore
7. Kathy Conn
8. Clair Ernst
9. Joan Garrett
10. Nicole George
11. Patty Gilmore
12. Karon Hannah
13. Mary Harper
14. Connie Mack
15. Kay Marshall
16. Louann Nickell
17. Traci Nickell
18. Elizabeth Reed
19. Floretta Rice
20. Helen Stephan
21. Mary Werner
22. Kay Whitaker

Please be in prayer, specifically by name, for these pilgrims who are answering God's call to participate in this upcoming walk. We ask that they have open ears, minds, and hearts to receive whatever He has in store for them!

News of the Women's Walk

It is just a few weeks, and we will be on Women's Walk #9.

I still can't believe that my God would call me to do His work as Lay Director of this walk. But he did, because I would have never thought of it myself.

I feel it is a great honor to be a part of the fine group of men and women on this team, and I would like to thank everyone that has given of their time and talent to serve their Lord. No task is too small. Just know that in some small way we will help someone become closer to Christ...and that is awesome!

DeColores,
Georgjean Shelton
Lay Director, Women's Walk #9

Emmaus Is Cloistered

"Emmaus is a time apart from the world. For three days, participants break from their usual routine in order to experience living in Christian community and to be immersed in a New Testament perspective on life. Just as if the participants had withdrawn to a distant monastery for a weekend of prayer and reflection, they are asked to stay on-site for the entire three days under the spiritual direction of the Emmaus team to make no contact by phone or otherwise with the outside world, and to have no expectation of getting some homework done in their spare time. Emmaus events are usually held in retreat centers or church facilities large enough to have kitchen and sleeping accommodations for about sixty people."

The Upper Room Handbook, p. 6

"Cloister" may be a new word to some. It simply means to be secluded or set apart from the world and worldly cares. On an Emmaus Walk, Pilgrims are cloistered with conference team members who are responsible for guiding them on a spiritual journey drawing them into a closer relationship with our Lord and Savior Jesus Christ. For this to happen it takes many, many in background support roles serving both team members and Pilgrims. For instance, prayer servants and logistic persons who are very important team members stay in the background. What could be done without the kitchen staff and servers? Less desirable jobs include cleaning the bathrooms and putting out the trash. All are important to make the weekend as pleasant as possible for the Pilgrims. It is being willing to serve in these servant capacities that pave the way to the more desirable positions of serving on the conference team as table leaders and lay directors.

(Cont'd on page 3)

Share Group Encouragement: TRY-IT

There was discussion at the last board meeting that there may be some misunderstanding of the "rules" for Share Groups. There are no rules! During your Walk, you were given these guidelines to assist in joining or forming new groups:

1. Be Serious—about your strengths, emotions, weaknesses.
2. Be Sincere—fill your cup and pour it out to others
3. Be Discreet—it all stays within the group
4. Be Regular—make it a priority

Do not be afraid to begin a new group. "What will we do during this weekly meeting?"

Again, the service card has many questions to answer. Develop 3 or 4 questions and allow time for each person to answer those questions. Trust will begin to grow as you develop the four points listed above. Your group can be of any number (small is better) and members are not only those who have attended Emmaus. My group of 5 have 2 women who have not been on the Walk. Please contact me with questions or concerns!

*YOU WILL LOOK FORWARD
EACH WEEK TO THE TIME YOUR
GROUP SPENDS TOGETHER!*

Colette McGinnis
The Good Shepherd
GoodShepherd@lovemmaus.org

(Cont'd from Page 2)

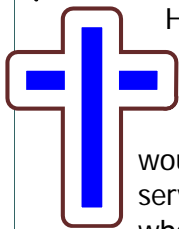
The important thing is for those participating in the supporting servant roles to allow the conference team members under the direction of the Holy Spirit guide the Pilgrims during the times they are in the conference room and in the sanctuary. Even while the Pilgrims are at meals and on break times, they need to be left alone with the other Pilgrims, the conference team and the Lord. In other words, don't be mingling with them. Be friendly, yes. Smiles, waves, short greetings let them know you are aware of them. If need be, let them know you will be more than willing to talk after their weekend experience is over. Be prepared to do your tasks in the most unobtrusive way possible. You will be blessed knowing that you have helped the Pilgrims come closer to the Lord.

Al and Patty Rhonemus



From the Spiritual Director . . .

Hello Beautiful Emmaus people!



During my teenage years in Dyer, Tennessee, the Cumberland Presbyterian Church and the United Methodist Church would from time to time have joint revival services. There was a man, Junior Nicholson, who you could always count on to liven up the services. He would raise his hands as well as shout "Amen" or "Glory!" I would wonder how in the world he knew when to lift his hands, or interject those words, and what it meant. Junior has since gone to be with the Lord, but unknowingly he passed something on to me. It was a search for what he "saw" through the eyes of the Holy Spirit. How we react, in word and deed, is a product of what we see through new eyes of the Holy Spirit. There is no cause for hopelessness or alarm at anytime when we are seeing through those eyes!

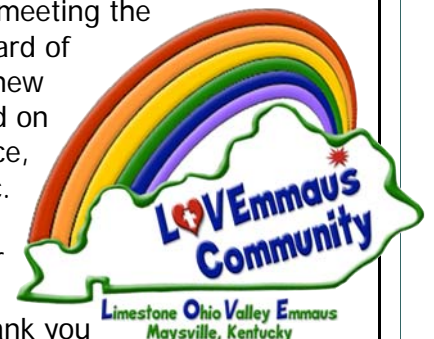
In Matthew 14.13-21, Jesus feeds five thousand with five loaves and two fish. Initially, He said to his disciples, "You feed them!" In verse 16 when they protest, He commanded, "Bring them here to Me." The "rest of the story" was that Jesus transformed a situation from that which seemed hopeless into that which overflowed with blessing.

How can this happen to earth-bound, habitually small-thinking, Kingdom of God people? We need to be passionate about "bringing everything" to Him. I don't know about you, but when I do it demands I surrender my pride, my thoughts, my desire of the outcome to Him. That is when those around me experience my "Amen and Glory" to God and not just hear it. Let us be the type of people who walk our talk as we seek to serve the Lord in our churches.

DeColores,
Michael Canada
Community Spiritual Director

Board Selects New Logo

At the August board meeting the LOVE Community Board of Directors selected a new logo that can be used on Agape correspondence, letterhead, shirts, etc. Your ideas are welcome! Please look for new things to come in the future, and thank you to all who participated in the logo contest!





Upcoming Walk Dates Announced!

Walk #9

Women: October 7-10, 2004

Walk #10

Men: May 5-8, 2005

Women: June 2-5, 2005

Walk #11

Men: September 8-11, 2005

Women: October 6-9, 2005

www.LOVEmmaus.org

L.O.V.E. Community Board of Directors

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