



Walk to
Emmaus
FILE UPPER ROOM

L.O.V. Emmaus Community

Limestone-Ohio Valley Emmaus Community

Fall Issue

L.O.V.E. COMMUNITY NEWS

September, 2009

While they were talking and discussing, Jesus himself came near and walked with them.

Luke 24:15

Upcoming Events:

- Gathering Sept 22
- Women's Walk 10/1-4
- Gathering Oct 27
- Board meets @ 5:45 pm prior to Gatherings

IMPORTANT NOTE:

All Community Gatherings are held at 7:00 pm at Washington United Methodist Church

If possible, please bring a snack to share because as you know ... when Emmaus meets, Emmaus eats!

Agape Unconditional Love

Take a moment to consider the term "acts of Agape." What picture comes to mind? A hug? A special gift? Time spent with a dear Christian friend? A special meal?

Did you know that part of the definition of Agape love is that it is unconditional? If we can choose to withhold love, then it is not really Agape love. God's love for us is unconditional. In Romans 8:38-39 Paul tells us, *"For I am persuaded, that neither death, nor life, nor angels, nor principalities, nor powers, nor things present, nor things to come, nor height, nor depth, nor any other creature, shall be able to separate us from the love of God, which is in Christ Jesus our Lord."* Agape love is empowered by the Holy Spirit, and is the foundation of our Christian walk.

When an individual comes to faith in God, The Holy Sprit transforms both the heart and mind as one yields to the Holy Spirit and God's Word, both working together to draw us into obedience to God and to bear spiritual fruit in our lives. The foundational fruit of that transformation is the lifting of love to a new and dramatic level, a level that clearly separates those who have placed their faith and trust in God, and those who have not.

Can you say that you have experienced a "lifting of your love to a new and dramatic level?" Would you say that your Walk to Emmaus was an important part of coming to this understanding? If so, you know how important and special the many acts of Agape experienced during the weekend are to the Pilgrims.

If you are preparing Agape for a Walk, each Walk needs 30 items for the Pilgrims, or 60 items if you want to include the team. Please do not include any personal names, but only the name of your share group (or church) if you choose. And don't forget to take time to pray over the items as you prepare and pack them. *"Then your Father, who sees what is done in secret, will reward you."* Matthew 6: 4

DeColores
Linda Naylor, Agape Chair

*Dear Children,
Let us not
Love
with Words
or Tongue,
but with
Actions
and in
Truth.*

1 John 3:18 NIV

From the Good Shepherd... Blessings & Opportunities!

Gentlemen, you've just completed your Walk to Emmaus and you are flying high. No one or nothing can bring you down. Well, I hate to burst your bubble but the world has a way of doing just that.

Your 4th days can be full of challenges and frustrations. But please don't fret; there is a solution!! You must join a share group. Find one that all ready exists or start a new one with a few friends.

Remember that not everyone in your share group must already be involved with Emmaus. The only requirement is a desire to develop a closer walk with Jesus. If you have any questions look in your 4th-day packet - it has instructions on how to contact me.

DeColores
Tom Tavis, The Good Shepherd

Dear Community, Knock, knock. Who's there? Orange. Orange who? Orange you glad to be a part of the Emmaus Community??!! We sure are! As usual, you were right there filling in both the Prayer Vigil and clean-up charts for the Men's Walk. I'm sure we will do just as well with the Women's charts at the next Gathering. If you have sponsored a Pilgrim recently, please try to encourage them to return their volunteer forms. These forms are very valuable in planning future Walks and Gatherings.

As always, thanks to all for being such great servants.

DeColores 🕶️
Tim and Sally Teegarden
Volunteer Chaircouple

Folks, if you're like me you probably don't have time to read even a tenth of the "forwards" you receive through email these days, but every now and then a real gem pops up. Thank you to whomever sent this one to me! It's a pretty good list to live by!

**Written By Regina Brett, 90 years old,
Cleveland, Ohio**

"To celebrate growing older, I once wrote the 45 lessons life taught me... It is the most-requested column I've ever written. My odometer rolled over to 90 in August, so here goes:

1. Life isn't fair, but it's still good.
2. When in doubt, just take the next small step.
3. Life is too short to waste time hating anyone.
4. Don't take yourself so seriously. No one else does.
5. Pay off your credit cards every month.
6. You don't have to win every argument. Agree to disagree.
7. Cry with someone. It's more healing than crying alone.
8. It's okay to get angry with God. He can take it.
9. Save for retirement starting with your first paycheck....
10. Love your parents because they will be gone before you know it.
11. Make peace with your past so it won't screw up the present.
12. It's okay to let your children see you cry.
13. Don't compare your life to others. You have no idea what their journey is all about.
14. If a relationship has to be a secret, you shouldn't be in it.
15. Everything can change in the blink of an eye. But don't worry; God never blinks.
16. Take a deep breath. It calms the mind.
17. Get rid of anything that isn't useful, beautiful or joyful.
18. Whatever doesn't kill you really does make you stronger.
19. It's never too late to have a happy childhood. But the second one is up to you and no one else.
20. When it comes to going after what you love in life, don't take no for an answer.
21. Burn the candles, use the nice sheets, wear the fancy lingerie. Don't save it for a special occasion. Today is special.
22. Over prepare, then go with the flow.
23. Be eccentric now. Don't wait for old age to wear purple.
24. The most important sex organ is the brain.
25. No one is in charge of your happiness but you.
26. Frame every so-called disaster with these words: In five years, will this matter?
27. Always choose life.
28. Forgive everyone everything.
29. What other people think of you is none of your business.
30. Time heals almost everything. Give time, time.
31. However good or bad a situation is, it will change.
32. Your job won't take care of you when you are sick. Your friends and parents will. Stay in touch.
33. Believe in miracles.
34. God loves you because of who God is, not because of anything you did or didn't do.
35. Don't audit life. Show up and make the most of it now.
36. Growing old beats the alternative - dying young.
37. Your children get only one childhood.
38. All that truly matters in the end is that you loved.
39. Get outside every day. Miracles are waiting everywhere.
40. If we all threw our problems in a pile and saw everyone else's, we'd grab ours back.
41. Envy is a waste of time. You already have all you need.

42. The best is yet to come.
43. No matter how you feel, get up, dress up and show up.
44. Yield.
45. Life isn't tied with a bow, but it's still a gift. "

KIDS SAY THE CUTEST THINGS!

After the christening of his baby brother in church, Jason sobbed all the way home in the back seat of the car. His father asked him three times what was wrong.

Finally, the boy replied, "That preacher said he wanted us brought up in a Christian home, and I wanted to stay with you guys!"

A father was at the beach with his children when the four-year-old son ran up to him, grabbed his hand, and led him to the shore where a seagull lay dead in the sand. "Daddy, what happened to him?" the son asked.

"He died and went to Heaven," the Dad replied.

The boy thought a moment and then asked, "Did God throw him back down?"

Kitchens & Cookbooks



Another great Walk – we had a great group of men to cook meals for! For all those who helped in the kitchen I know you were blessed as I was. Thanks for all who help out for the week-end – it just wouldn't have happened without you.

Your next opportunity will come October 1 - 4 as Woman's Walk #19 will be taking place. We want their dining experience to be a good one, so your help is once again needed. Send me an email or call me if you are thinking of furnishing a meal, a dessert for a meal, help for a meal, or help for a day. If I know you are available I can get your name on the list and will only have to ask for help at the Gathering for the spots not yet filled.

Don't forget the send-off dinner on Thursday evening. Come, bring a covered dish and enjoy the fellowship and encourage the Pilgrims who will be experiencing a great week-end.

I get there early on Thursday to start getting things ready for the week-end. The dining shelter also has to be cleaned and made ready for the meal before people start to arrive around 5:00. Believe it or not, it doesn't get ready on its own. Also, Sunday after lunch we pack up and have to get all of our supplies back to the Log Room for the winter. You might have realized by now I'm strongly hinting that we need help with each of these tasks as well!! Don't wait for someone else to step up to help – that "someone else" might be you.

I look forward to working with old and new friends - call me at 937-549-2113, 937-213-0415 or email me at kaywgrooms@yahoo.com.

DeColores

Kay Grooms, Kitchen Coordinator

From the Ol' Reverend ...



As we encounter problems on our journey to Heaven it might help to remember some facts from an unknown source about a buzzard, a bat and a bumblebee.

If you put a buzzard in a pen that is 6 feet by 8 feet and is entirely open at the top, the bird will be an absolute prisoner even in spite of its ability to fly. The reason is that it always begins a flight from the ground with a run of 10 to 12 feet. Without space to run it will not attempt to fly, but will remain a prisoner for life in a small jail with no top.

The ordinary bat, a remarkable nimble creature in the air, cannot take off from a level place. If it is placed on the floor or flat ground, all it can do is shuffle about helplessly and, no doubt, painfully, until it reaches some slight elevation from which it can throw itself into the air. Then it takes off like a flash.

A bumblebee, if dropped into an open tumbler, without help, will be there until it dies. It never sees the means of escape at the top, but persists in trying to find some way out through the sides near the bottom. It will seek a way where none exists, until it completely destroys itself.

We can be like the buzzard, the bat, and the bumblebee. Sometimes we struggle about with all our problems and frustrations, never realizing that all we have to do is look up! The escape route and the solution to any problem is to keep our minds on Jesus! The Bible says at Isaiah 26:3, "You will keep him in perfect peace, whose mind is stayed on you, because he trusts in You."

DeColores
Jim Finch
Community Spiritual Director



A Call to ACTION!



Community, here is your Team and the list of Pilgrims (as of press time) for Women's Walk #19! Please PRAY for each of these women — for the Pilgrims as they seek God's plan in this incredible journey and for the Team members that they would serve with humility and be reminded that the Holy Spirit calls for their love, patience and self-control in all things. Pray for the sponsors and for the families of the Pilgrims and the Team members who will be left at home. Pray for the campground, for all the anonymous servants, including yourself. Ask God how He might want you to serve — and if you can't do anything else, you can certainly PRAY!

If you are a Sponsor and your Pilgrim is not listed, please check with Nicole George, the Registrar. If your Pilgrim is listed here and you know she is not going to be able to attend, please let Nicole know right away. Thank you!

WOMEN'S WALK #19 TEAM

Spiritual Director	- Mike Starkey	- Means of Grace
Asst. SD	- Bill Henry	- Sanctifying Grace
Lay Director	- Elise Starkey	- Perseverance
Asst. LD	- Sally Teegarden	- Discipleship
	- Bren Frodge	- Fourth Day
	- Denise Burke	- Priority
Table Leader	- Liz Reed	- Grow Thru Study
	- Lisa Leonard	- Life of Piety
	- Linda Ratcliff	- Priesthood of All Believers
	- Judy Robinson	- Christian Action
	- Linda Naylor	- Body of Christ
	- Kathy Bisotti	- Changing Our World
Asst. TL	- Andrea Wilkerson	
	- Gail Erhardt	
	- Joan Garrett	
	- Kristine Brookover	
	- Shirley Miller	
	- Nancy Moore	
LOG	- Jutta King	
	- Becca Bisotti	
	- Stephanie Edgington	
Tech LOG	- Cyndi Frodge	
Prayer Servant	- Janice Edingfield	
	- Bonnie Oney	
Music	- Tami Conrad	
	- Rose Wells	

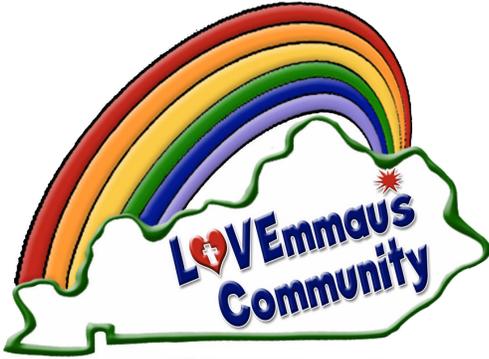
PILGRIMS WOMEN'S WALK #19

Terry Barger
Jeanie Begley
Renee Boyd
Katie Doyle
Lauren Doyle
Jenny Eakins
Nancy Farrell
Wilma Hawkins
Pauline Linne
Allison McElroy
Jackie Miller
Brianna Moore
Lisa Newman
Nancy Partlow
Evelyn Polley
Donna Riley
Julie Roash
Paula Saidla
Vicky Stout
Kathryn Thompson
Lisa Tussey
Linda Young



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L.O.V.Emmaus Community
Limestone-Ohio Valley Emmaus Community



Limestone Ohio Valley Emmaus
Maysville, Kentucky

www.lovemmas.org

L.O.V.E. Community Board of Directors

- Community Lay Director . . . George Smith
- Ass't Comm. Lay Director . . . Alison Dunn
- Secretary Bren Frodge
- Treasurer David Lewis
- Community Spiritual Director Jim Finch
- Music Phil Brown
- Worship Janice Edingfield
- Good Shepherd Tom Tavis
- Agape Linda Naylor
- Sponsorship Michael Starkey
- Volunteer Coordinators Tim & Sally Teegarden
- Communications Karen Hughes
- Logistics Coordinators Dan & Brenda Reed
- Social Coordinators R. C. & Shirley Miller
- Chrysalis Representative Acynda Spriggs
- Registrar / Membership Nicole George
- Facilities Set-up/Clean-up . . . Bill Shelton
- Kitchen Kay Grooms
- L.E.A.D. Roger Cheesbro
- Ruggles Liaison Stella Hull



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